

TO ALL WAKO MEMBERS  
THEIR ADDRESSES

Monza, 17<sup>th</sup> June 2009

RE: **2<sup>nd</sup> EUROPEAN CADET AND JUNIOR CHAMPIONSHIPS  
- OFFICIAL INVITATION**




**Dr. Ennio Falsoni, WAKO President**

Dear Colleagues,

I am pleased of enclosing here with all information regarding our next  
**EUROPEAN CADET AND JUNIOR CHAMPIONSHIPS**  
which will be held in sunny and beautiful  
**CROATIA** from 20<sup>th</sup> to 27<sup>th</sup> September 2009.

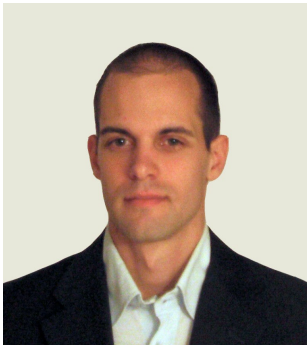
**WAKO European Championships in Croatia under support:**

			
<b>Government of Croatia Ministry of sport and education</b>	<b>Croatian Olympic Committee</b>	<b>County of Istria</b>	<b>City of Pula</b>



**"2<sup>nd</sup> WAKO  
European Kickboxing  
Championships  
for Juniors and Cadets"**

**Pula, Croatia  
September 20<sup>th</sup> - 27<sup>th</sup> 2009.**



**Dear sportsmen and dear kickboxing friends,**

It is my pleasure to invite you on behalf of Croatian Kickboxing Federation, Junior and Cadets European Championships Organizing Committee, and on behalf of executive organizer of Championships - Tourist agency "A Turizam Istra" to participate to **2<sup>nd</sup> WAKO European Kickboxing Championships for Juniors and Cadets** which will be held in Croatia - city of **Pula from 20<sup>th</sup> to 27<sup>th</sup> September 2009.**

The Organizing Committee is making its maximum effort to ensure all requirements for quality and successful championships. I hope that we will be successful in our efforts. We are very proud of hosting almost 1000 young athletes from more than 40 countries.

I am taking this opportunity to thank the Government of Croatia and Ministry of Education and Sport. Special thanks go to the city of Pula for helping in championships' organization. Also, I want to thank Croatian Olympic Committee and executive committee of Croatian Kickboxing Federation, as well as sponsors, volunteers and a big number of kickboxing friends and supporters.

On behalf of the Organizing Committee, I wish all athletes a lot of excellence and sporting achievements. I hope you will participate in the European Championship in Croatia and that your stay in our beautiful Pula, a city rich in cultural and historical heritage, will forever remain in your memories.

Welcome to WAKO European Championships - Croatia 2009.

President of Organizing Committee  
**Vanja Retkovic**



**Dear colleagues, dear WAKO Presidents,  
dear coaches and sportsmen**

As President of Croatian Kickboxing Federation I have the honour of inviting you to **2<sup>nd</sup> WAKO European Kickboxing Championships for Juniors and Cadets** which will be held in Croatia. After first edition in Portugal at 2007 in Castro Marim, it is now time for Croatia.

Our country organized European Championships for seniors in Trogir, back in 1988, then World Championships for seniors in Dubrovnik in 1997 and World Championships for juniors and cadets in Benkovac / Zadar 2006. All participants of those events enjoyed greatly our hospitality. I hope that we will justify your trust and confidence, also this time.

Croatia is well known as one of the most attractive and safest tourist destination in the World. I am sure that all of you will realize that when you come here. Again, we have chosen an historical town



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on our beautiful Adriatic coast. This City is Pula. You can enjoy a lot of Pula's cultural and historical values from Roman time. Pula is also a great destination for your arrival, because Pula has an international airport.

Your accommodation will be in apartment complex "Punta Verudela", 2 km from Pula and city sports hall. There is central hotel "Histria" and nice small houses - with 3 or 4 stars. Complex is situated along the beach, with water pool, restaurants and shops. The whole structure will be open for us. We will enjoy and have fun together. That's why, I am inviting not only sportsmen, I am inviting their parents and also your families. We will have the opportunity to organize tourist vacation in nearest national park – Brioni / Brijuni Islands and in beautiful region of Istra.

Today, Croatia has 145 registered kickboxing clubs with over than 6500 registered sportsmen in all age categories. Lot of them are amateur or professional champions. In Castro Marim on 1<sup>st</sup> WAKO European Championships for juniors and cadets Croatian sportsmen won 67 medals - 23 gold, 24 silver and 20 bronze medals. Croatia was the third nation in the overall standings.

All of you know very well that every year Croatian national teams (with a large number of competitors) participate in World and European Championships in the different countries. Now I expect that you will come to our country with your big national team. Here you can expect excellent competition. For that reason I am inviting you to lead your best young fighters and, after WAKO recognition from GAISF, show to all World how our sport is more and more popular.

I am sure that these Championships in Croatia will be for all of us a chance for new friendships and unforgettable memories. Thanks in advance for your support.

Sincerely yours  
**PREDRAG ZNAOR**, prof.  
Master of Kickboxing  
Coach of 7 World Champions



Dear friends,

I just want to say to all of you:

Welcome to my beautiful Croatia, and I will be really happy to see all of you again my dear friends in our WAKO Championships.

**Romeo Desa**  
Secretary General of Croatian Kickboxing Federation and  
WAKO Organizing Committee member



**WAKO KICKBOXING**  
2<sup>nd</sup> EUROPEAN CHAMPIONSHIPS  
FOR JUNIORS AND CADETS **2009**



## HOW TO REACH PULA

**By plane:** **Airport "Pula"** - Pula has direct line from:  
London, Berlin, Cologne, Dresden, Munich, Oslo, Stavanger, Trondheim,  
Warsaw, Stockholm, Zurich.

**Airport Zagreb** has direct flights from all more significant airports in the world  
(Amsterdam - Schiphol, Barcelona, Berlin - Schoenefeld, Bologna, Bruxelles,  
Budapest, Cologne, Frankfurt, Istanbul, Lisbon, London - Heathrow, London -  
Luton, Milan - Malpensa, Moscow - Sheremetyevo, Munich, Paris - Ch.de Gaulle,  
Prague, Rome - Fiumicino, Sarajevo, Skopje, Tel Aviv, Valencia, Vienna, Zurich)

**Airport Zagreb** has direct line to airport "Pula" - Pula every day.  
(Monday at 5:50, 16:25; Tuesday at 5:50, 16:25, 19:00; Wednesday at 5:50, 16:25;  
Thursday at 5:50, 16:25; Friday at 5:50, 16:25; Saturday at 5:50, 16:25; Sunday at  
5:50, 16:25, 20:30)

More info: [www.croatiaairlines.com](http://www.croatiaairlines.com) , [www.skyscanner.net](http://www.skyscanner.net)

**By bus:** **From bus station Zagreb to Pula** has every day line, every hour more or less  
**Distance:** 260km, bus drives for approximately 4 hours  
More info: <http://www.akz.hr/vr/voznired.aspx>

**By car:**

- Zagreb - Pula → 260 km highway or fast motorway
- Wien (Aut) - Ljubljana (Slo) - Rijeka (Cro) - Pula → 590km
- Trieste (Ita) - Pula → 126km

**For GPS:**

Destination country: Croatia  
Destination city: Pula  
Destination street: Verudela

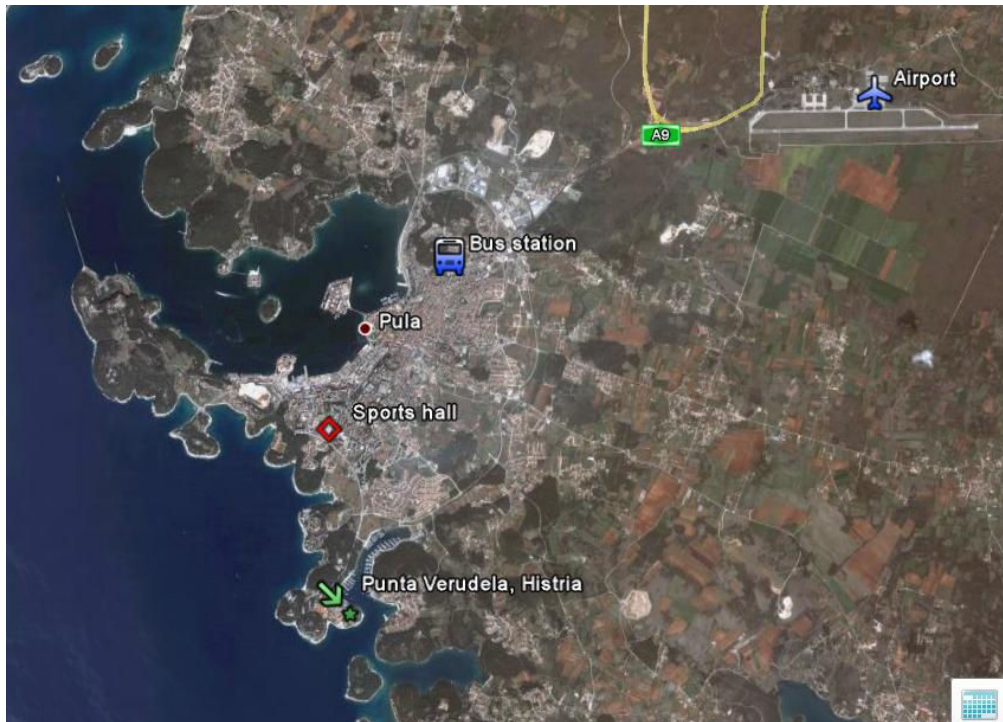
Reception Punta Verudela: 44°50'12.61"N, 13°50'12.70"E  
Reception Hotel Histria: 44°50'10.27"N, 13°50'22.20"E



**WAKO KICKBOXING**  
2<sup>nd</sup> EUROPEAN CHAMPIONSHIPS  
FOR JUNIORS AND CADETS **2009**



CROATIA - PULA  
SEPTEMBER 20<sup>th</sup> - 27<sup>th</sup>



**Marker road distances:**

Airport - Bus station	→ 6,6 km
Bus station - Hotel	→ 6,3 km
Hotel - Sports hall	→ 2,9 km



City of Pula



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CROATIA - PULA  
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Sport hall



Hotel Istria



Hotel complex "Punta Verudela"





**WAKO KICKBOXING**  
2<sup>nd</sup> EUROPEAN CHAMPIONSHIPS  
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**CONDITIONS FOR ALL PARTICIPANTS**

1. Accommodation for all participants, officials and guests will be in hotel complex "Punta Verudela" - check the map on previous page.
  - 3 stars apartments and rooms for 2 - 3 - 4 persons (TV, TWC)
  - 4 stars hotel rooms for 2 persons (TV, TWC)
2. In the Championships will have 3 age categories:
  - **juniors** male and female
    - competitors born in 1990 after September 27, 1991., 1992. and 1993. before September 27.
  - **older cadets** boys and girls
    - competitors born in 1993 after September 27, 1994., 1995. and 1996. before September 27
  - **younger cadets** boys and girls
    - competitors born in 1996. after September 27, 1997., 1998. and 1999. before September 27
3. WAKO European Championships will be in all 7 disciplines of kickboxing: semi contact (SC), light contact (LC), full contact (FC), low kick (LK), K1 Style (K1), musical forms (MF) and aero kickboxing (AKB).
4. Competitors will compete in following kickboxing disciplines and weight categories (see page 7).
5. Organizers will provide cup, medal and diploma for first place winners in all categories and medals and diplomas for second and two third places, and certificate of participation for all competitors
6. From each country (each national team) will be allowed to enter **2 (two) participants in each weight category** and 2 single participants in musical forms and aero kickboxing and 2 teams (with 3 members) in aero kickboxing in each competition division.
7. Every competitor in SC, LC, MF and AKB can enter one or two or even all tatami styles.
8. Each competitor in ring sports can participate only in one discipline (full contact or low kick or K1 style)
9. Competitors in SC, LC, FC, LK and K1 can compete only in one weight category (his or her category)
10. Competitors in LC, FC, LK and TKB can compete only in one age category which is according to his / her year and date of birth
11. Competitors in aero kickboxing can participate in all age and style categories in aero kickboxing
12. Entry fee for each competitor is **40 Euro** (same for cadets and for juniors). Entry fee for aero kickboxing team is **120 Euro**.



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13. All younger cadets which compete in SC must use their own helmet with plastic shield protection.
14. All competitors must compete in national uniforms according to WAKO Rules and Regulations.
15. Each national team is allowed to put sponsor's banners on their competitors' fighting uniforms
16. For any national team (competitors, coaches, referees and judges, technical staff in general, families) it is mandatory to buy the promoters' package regarding accommodation of their people and for the duration of our European Championships.
- 17. Price of accommodation is per person per day for minimum period of 5 days, and include accommodation, half board service. In the price it is also included the Sayonara party and free entrance to sports hall.**
18. All participants can use their own cars or free buses provided by promoters during the championships.
19. Participants coming to Pula by bus, ships or planes in airport "Pula" must inform organizers in time so to arrange their transportation. Organized transport includes:
  - first day: transfer from Pula's bus station, port or airport to Punta Verudela
  - second to seventh day: transfer from Punta Verudela to city sports hall and back
  - last day: transfer from Punta Verudela to Pula's bus station, port or airport**Price of organized transport by bus is included in accommodation price.**
20. All payments must be made on arrival and they have to be in **Euro and only in cash**.
21. It is possible to organize transfer from airports in Zagreb, Rijeka, Trieste or Venetia, but this transfer must be agreed about price, place and time earlier (minimum 15 days in advance of registration deadline) between representative of national teams and promoters.
22. Each national team's representative must bring their national flag (2 pieces, please, 150 x 50 cm) and their national anthem on CD.
23. Citizens from some country need visa to visit Croatia. Please check in your Ministry of foreign affairs or in Croatian Embassy in your capital town. For getting visa is necessary official invitation letter with all names and other data of members of your national team.



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2<sup>nd</sup> EUROPEAN CHAMPIONSHIPS  
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## WAKO EUROPEAN CHAMPIONSHIPS IN CROATIA

Juniors and Cadets - Pula, 20<sup>th</sup> – 27<sup>th</sup> September

### Competition schedule:

<b>Monday, Sep. 21.</b>	- Pula (Hotel complex "Punta Verudela") - arrival of delegations (all day) - 14:00 - 20:00 weigh-in - 16:00 - 20:00 international referee seminar
<b>Tuesday, Sep. 22</b>	- 09:00 - 13:00 official weigh-in in hotel - 14:00 - 16:00 drawing - 16:00 - 20:00 international referee seminar - 21:00 Banquet (dinner) for all presidents of national kickboxing federations
<b>Wednesday, Sep. 23</b>	- 07:30 - 09:00 breakfast in hotel - 08:30 - 09:00 transfer of all participants from hotel to sports hall - 10:00 - 10:30 official opening ceremonies - 10:30 - 12:00 musical forms / aero kickboxing - 12:00 - 19:00 qualifications - 19:15 - 21:00 dinner in hotel
<b>Thursday, Sep. 24.</b>	- 07:30 - 08:30 breakfast in hotel - 08:00 - 09:00 control weighing in hotel - 08:30 - 09:00 transfer of all participants from hotel to sports hall - 09:00 - 11:00 musical forms / aero kickboxing - 11:00 - 19:00 qualifications - 19:15 - 21:00 dinner in hotel
<b>Friday, Sep. 25.</b>	- 07:30 - 09:00 breakfast in hotel - 08:00 - 09:00 control weighing in hotel - 08:30 - 09:00 transfer of all participants from hotel to sports hall - 09:00 - 11:00 musical forms / aero kickboxing - 11:00 - 18:00 semi finals / first part of finals - 18:00 - 19:00 award ceremony - 19:15 - 21:00 dinner in hotel
<b>Saturday, Sep. 26.</b>	- 07:30 - 09:00 breakfast in hotel - 08:00 - 09:00 control weighing in hotel - 08:30 - 09:00 transfer of all participants from hotel to sports hall - 09:00 - 11:00 musical forms / aero kickboxing - 11:00 - 18:00 second part of finals - 18:00 - 19:00 award ceremony - 21:00 Sayonara Party for all participants and guests
<b>Sunday, Sep. 27.</b>	Morning - Departure of all delegations



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**Competitors will compete in following kickboxing disciplines and weight categories:**

**SEMI CONTACT**

-junior male:	-57, -63, -69, -74, -79, -84, -89, +89 kg
-junior female:	-50, -55, -60, -65, -70, +70 kg
-older cadet boys:	-42, -47, -52, -57, -63, -69, +69 kg
-older cadet girls:	-42, -46, -50, -55, -60, -65, +65 kg
-younger cadet boys:	-28, -32, -37, -42, -47, +47 kg
-younger cadets girls:	-28, -32, -37, -42, -47, +47 kg

**LIGHT CONTACT**

-junior male:	-57, -63, -69, -74, -79, -84, -89, +89 kg
-junior female:	-50, -55, -60, -65, -70, +70 kg
-older cadet boys:	-42, -47, -52, -57, -63, -69, +69 kg
-older cadet girls:	-42, -46, -50, -55, -60, -65, +65 kg

**FULL CONTACT**

-junior male:	-51, -54, -57, -60, -63,5, -67, -71, -75, -81, -86, -91, +91 kg
-junior female:	-48, -52, -56, -60, -65, -70, +70 kg

**LOW KICK**

-junior male:	-51, -54, -57, -60, -63,5, -67, -71, -75, -81, -86, -91, +91 kg
-junior female:	-48, -52, -56, -60, -65, -70, +70 kg

**K1 Style**

-junior male:	-51, -54, -57, -60, -63,5, -67, -71, -75, -81, -86, -91, +91 kg
-junior female:	-48, -52, -56, -60, -65, -70, +70 kg

**MUSICAL FORMS**

(SF=Soft without weapon), HF=hard without weapon, SFW=soft with weapon, HFW=hard with weapon)

-junior male	- SF, HF, SFW, HFW
-junior female	- SF, HF, SFW, HFW
-older cadet boys	- SF + HF together (without weapon)
-older cadet girls	- SF + HF together (without weapon)
-younger cadet boys	- SF + HF together (without weapon)
-younger cadet girls	- SF + HF together (without weapon)

**AERO KICKBOXING**

(TS- team without step, TWS team with step = team with 3 members)

(SS- single without step, SWS-single with step)

-junior male	- TS, TWS, SS, SWS
-junior female	- TS, TWS, SS, SWS
-older cadet boys	- TS, TWS, SS, SWS
-older cadet girls	- TS, TWS, SS, SWS